

**Entry Form Please Print Legibly**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Circle one: M / F Age on race day \_\_\_\_\_

Number of Raffle tickets: \_\_\_\_\_ @ \$2.00 each

Entry Fee Check one: \_\_\_\_\_ \$10.00 before May 21

\_\_\_\_\_ \$15.00 after May 21

Chenoweth Donation \$ \_\_\_\_\_

Total Amount Enclosed \$ \_\_\_\_\_

**First 150 get Hats!!!**

Prediction Time \_\_\_\_\_

(Grand Prix points will be awarded based on actual time not on prediction time.)

**WAIVER:** In consideration of your acceptance of my entry as a participant in the Annual Great Pot Luck Bash, I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property against Gulf Winds Track Club, its officers and directors, members or representatives and all volunteers and others promoting or assisting in anyway the promotion or organization of The Great Pot Luck Bash race or social event, which may arise from my participation in the this race or social or while traveling to or from the event, even if caused in part by the negligence or other fault of the parties or persons I am hereby releasing by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them and/or because of the liability without fault. My participation is voluntary and done at my own risk. I understand that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and sufficiently trained for the competition of this event. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing if I suffer injuries and damages even though I do not know to what extent those injuries and damages might be and am voluntarily assuming the risk of such injuries and damages. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. I have read and understand every thing written above and I voluntarily sign this agreement.

Signature of Entrant (parent or legal guardian if under 18 yrs old)

Date

Mail to: **David Yon, Suite 200, 301 S. Bronough St.  
Tallahassee, FL 32301**

Make checks payable to **GWTC Chenoweth Fund!**



**Last  
Year's  
Fun!**

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9**



**POT  
LUCK  
BASH**

Pictures  
Courtesy  
of  
Fred  
Deckert



GULF WINDS TRACK CLUB  
CHENOWETH  
ENDOWMENT  
FUND

PROMOTING

RUNNING IN THE BIG BEND AREA

**GWTC's**  
Thirteenth Annual Chenoweth  
**Great Pot Luck Bash and**  
**Open Mike Social**  
A Grand Prix Event

**Saturday, June 5, 2010**

**4 Mile Prediction Run - 6 p.m.**

**Open Mike Social - 7 p.m.**

**Presentation of Chenoweth  
Awards - 7:30 p.m.**

**Forest Meadows**

The Chenoweth Endowment Fund  
Supports Deserving Athletes  
In the Big Bend Area  
We Predict You Will Have Fun!

[www.gulfwinds.org](http://www.gulfwinds.org)

## Prediction Run

### NO WATCHES - NO STRESS

This race is a prediction run. We will recognize the runners who complete the course in the time closest to their predicted time. So you can't wear a watch and there won't be a clock visible at the finish line.

## The Course

The course will be on the Phipps Property Trails and is approximately 4 miles, a little longer this year than in the past. It is hilly terrain, but beautiful scenery. The Phipps property is 668 acres much of it beautiful forest managed by the City of Tallahassee. You will enjoy it! Meet in the Forest Meadows parking lot to start.

## What it is All About

The Chenoweth Fund was established in 1988 in honor of Dean and Jenny Chenoweth to promote the efforts of runners and triathletes in the Big Bend area. Since its creation, the Fund has provided assistance on **one hundred and forty-eight** occasions to competitors in an amount of over **\$84,000**. For more information visit our website at [www.gulfwinds.org](http://www.gulfwinds.org). In recent years there has been a heavy emphasis on supporting youth running. This year marks the thirteen annual presentation of awards to honor the outstanding high school track and field competitors and cross country runners.

Last year's winners were Lilly Williams, Will Stanford, Christine Poole and Brandon Basset. The \$10,450 in awards presented last year helped sponsor the Special Olympics, FACA All-Star Cross County Meet, the Red

Hills Triathlon and various high school cross country teams. The fund has also assisted athletes with

travel expenses to national level competitions and through the purchase of team uniforms and club fees.

## Open Mike Social

We all know GWTC has a lot of outstanding runners - but how about that talent in the arts? Musicians and any other special talents are welcome! The show is coordinated by Bill McGuire who can be reached at 562-2295 or [m McGuire31@comcast.net](mailto:m McGuire31@comcast.net). We will provide some food and drinks so pack a plate to share and a cooler and come join us for great fun.

## Registration

You can **register** by completing the form and mailing it with your contribution or you can register race day at Forest Meadows. Checks should be made payable to **GWTC Chenoweth Fund**.

## What You Get



### 2009 Chenoweth Award Winner Will Stanford

Picture Courtesy of Fred Deckert

Fun! Maybe a token acknowledgment for running, no serious awards, no fluff. You get the satisfaction of supporting a great cause, a great post-race party and an entertaining night. So, bring your talent, a friend, a covered dish and help us raise a little fun (d).

## Raffle

This year we will once again offer a raffle to help raise money for the Chenoweth fund. *There will be many great prizes!*

Join in the fun!!!

## Donations Welcome!

Unable to attend? Please remember - without you it's not as fun, but without your support there would be no fun(d)!

\_\_\_\_\_ *I am unable to attend but would like to contribute*  
\$ \_\_\_\_\_ *to the*  
*Chenoweth Fund.*

## More Information

Contact any member of the Chenoweth Endowment Fund Committee:

Warren Emo	<a href="mailto:wemo@emo-arc.com">wemo@emo-arc.com</a>
Myrna Hoover	<a href="mailto:mhoover@fsu.edu">mhoover@fsu.edu</a>
Mary Register	<a href="mailto:mregister@volunteerflorida.org">mregister@volunteerflorida.org</a>
Toma Wilkerson	<a href="mailto:tomajon@comcast.net">tomajon@comcast.net</a>
David Yon	<a href="mailto:dyon@radeylaw.com">dyon@radeylaw.com</a>